

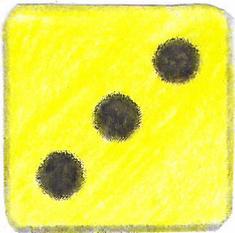
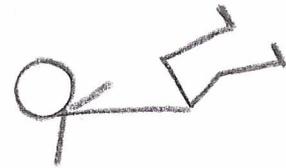
# Würfel-Workout



Hampelmann



Radfahren



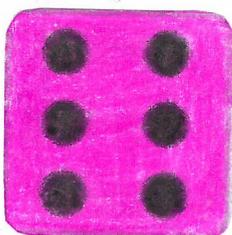
Kniehebelauf



Einbeinsprünge



Fersen an den Po



Liegestütze

